

**South High Cross Country
All-Time (2006-2024) List
Central Park Invitational**

Top 10 (boys) performances & next 10 individuals:

1. Salinas, Andrew	2009	15:11	11. Quinn, Michael	2009	16:49
2. Redmond, James	2012	15:41	12. Kawashiri, Noah	2015	16:52
3. <u>Johnson, Cole</u>	<u>2024</u>	<u>16:04</u>	13. <u>Miller, Aidan</u>	<u>2024</u>	<u>16:56</u>
4. Park, Steven	2009	16:13	14. Guizar, Mike	2010	16:58
5. Lofgren, Nick	2012	16:14	15. Antazo, Dia	2015	16:59
6. Pankratz, Garrett	2009	16:19	16. Dutko, Justin	2012	17:02
7. Kirk, Lamarr	2021	16:26	17. Johnson, Brad	2006	17:03
8. Gonin, Mathieu	2007	16:30	18. <u>Benyam, Heyab</u>	<u>2024</u>	<u>17:03</u>
9. <u>Nespoli, Keller</u>	<u>2024</u>	<u>16:42</u>	19. Johnson, Hayden	2015	17:04
10. Kumarage, Dimitri	2012	16:48	20. O'Brien, Henry	2021	17:04

Senior Boys:

1. Salinas, Andrew	2009	15:11
2. Redmond, James	2012	15:41
3. Gonin, Mathieu	2007	16:30
4. Kumarage, Dimitri	2012	16:48
5. Quinn, Michael	2009	16:49
6. Guizar, Mike	2010	16:58
7. O'Brien, Henry	2021	17:04
8. Reinertsen, Erik	2006	17:08
9. Suey, Michael	2009	17:12
10. Jasso, Cruz	2022	17:27

Junior Boys:

1. Park, Steven	2009	16:13
2. Kirk, Lamarr	2021	16:26
3. Pankratz, Garrett	2010	16:49
4. Kumarage, Dimitri	2011	16:57
5. Guizar, Mike	2009	17:01
6. Johnson, Brad	2006	17:03
7. Catena, David	2006	17:23
8. Ruskowski, Spencer	2015	17:27
9. Cozadd, Augustine	2023	17:34
10. Catena, Jacob	2007	17:35

Sophomore Boys:

1. <u>Johnson, Cole</u>	<u>2024</u>	<u>16:04</u>
2. Lofgren, Nick	2012	16:14
3. Pankratz, Garrett	2009	16:19
4. Kawashiri, Noah	2015	16:52
5. Antazo, Dia	2015	16:59
6. <u>Benyam, Heyab</u>	<u>2024</u>	<u>17:03</u>
7. <u>Iyer, Nikhil</u>	<u>2024</u>	<u>17:14</u>
8. Matsumoto, Brandon	2009	17:18
9. Goldstein, Connor	2019	17:18
10. Caballeros, Alexander	2015	17:38

Freshmen Boys:

1. Johnson, Cole	2023	16:40
2. <u>Nespoli, Keller</u>	<u>2024</u>	<u>16:42</u>
3. <u>Miller, Aidan</u>	<u>2024</u>	<u>16:56</u>
4. Dutko, Justin	2012	17:02
5. Johnson, Hayden	2015	17:04
6. Lofgren, Nick	2011	17:17
7. Martinez, Robert	2016	17:31
8. Benyam, Heyab	2023	17:40
9. Paine, David-Michael	2013	17:49
10. Yee-Cannon, Bodhi	2016	17:58

Top 10 (girls) performance & next 10 individuals:

1. Coscia, Kimberly	2012	17:41	11. Jones, Elizabeth	2006	19:43
2. Kira, Karissa	2022	18:07	12. Hoffman, Lyndsey	2022	19:48
3. Esponda, Chloe	2022	18:09	13. Jenni, Zuzu	2022	20:01
4. DeBiasio, Erica	2009	18:35	14. Nesbit, Christie	2013	20:11
5. Esponda, Chloe	2021	19:01	15. Ofsanko, Caylin	2011	20:13
6. DeBiasio, Erica	2010	19:04	16. Bullock, Natalie	2007	20:14
7. Mummery, Maddie	2021	19:14	17. Horton, Grace	2013	20:14
8. DeBiasio, Erica	2011	19:30	18. Cho, Alysa	2022	20:15
9. <u>Eiland, Ashlee</u>	<u>2024</u>	<u>19:30</u>	19. Nakamura, Audrey	2022	20:17
10. Wenzel, Melissa	2007	19:37	20. Choi, Ellie	2021	20:18

Senior Girls:

1. DeBiasio, Erica	2011	19:30
2. <u>Eiland, Ashlee</u>	<u>2024</u>	<u>19:30</u>
3. Jones, Elizabeth	2006	19:43
4. Zamora, Sydney	2012	20:01
5. Ofsanko, Caylin	2011	20:13
6. Aguayo, Ashley	2021	20:47
7. Zerga, Sarah	2012	21:12
8. Aaron, Sarah	2013	21:31
9. Salinas, Victoria	2007	21:36
10. Kono, Cynthia	2007	22:42

Junior Girls:

1. Esponda, Chloe	2022	18:09
2. DeBiasio, Erica	2010	19:04
3. Nakamura, Audrey	2022	20:17
4. Kalmar, Kara	2007	20:45
5. Choi, Ellie	2022	20:47
6. Zerga, Sarah	2011	20:55
7. Heinemann, Haley	2009	20:58
8. Carlson, Eliisa	2011	20:58
9. Atamaniuk, Neely	2009	21:07
10. Evans, Danielle	2009	21:17

Sophomore Girls:

1. Coscia, Kimberly	2012	17:41
2. Kira, Karissa	2022	18:07
3. DeBiasio, Erica	2009	18:35
4. Esponda, Chloe	2021	19:01
5. Wenzel, Melissa	2007	19:37
6. Hoffman, Lyndsey	2022	19:48
7. Jenni, Zuzu	2022	20:01
8. Nesbit, Christie	2013	20:11
9. Bullock, Natalie	2007	20:14
10. Horton, Grace	2013	20:14

Freshmen Girls:

1. Mummery, Maddie	2021	19:14
2. Wenzel, Melissa	2006	19:48
3. Bullock, Natalie	2006	20:34
4. Yoshihara, Katie	2022	20:43
5. Takaoka, Deana	2013	20:45
6. Ben Avides, Rivka	2016	21:04
7. Heinemann, Haley	2007	21:19
8. Eddowes, Danika	2010	21:22
9. Singh, Harleen	2011	21:40
10. Lubba, Alyssa	2016	21:43

Top Team (Boys) Performance:

2009 - 3rd place

1. Salinas, Andrew (12)	15:11
2. Park, Steven (11)	16:13
3. Pankratz, Garrett (10)	16:22
4. Quinn, Michael (12)	16:49
5. Guizar, Mike	17:01 (1:21:36)
6. Suey, Michael (12)	17:12
7. Matsumoto, Brandon	17:18

Top Team (Girls) Performance:

2022 - 1st Place

1. Kira, Karissa (10)	18:07
2. Esponda, Chloe (11)	18:09
3. Hoffman, Lyndsey (11)	19:48
4. Jenni, Zuzu (10)	20:01
5. Cho, Alysa (10)	20:15 (1:36:20)
6. Nakamura, Audrey (11)	20:17
7. Choi, Ellie (11)	20:47

Note:

2015 new course
(~ 10 seconds faster)
DNR - 2008, 2017, 2020